



Dear Member,

In accordance with Governor Murphy's announcement this morning our gym facility will be observing the mandatory closing requirement starting tonight at 8pm and remain closed until further notice. At this time, our **Integrated Health Care side of the business is NOT affected** by this mandate according to the State Department of Health and is currently operating on a regular schedule.

All member accounts will be automatically put on freeze starting tonight and you will be fully compensated with any membership time that you paid for.

Your health and fitness is our primary concern. We know that this is a very unsettling time and you can be assured that our staff will do everything we can to get things back up and running quickly. Please do your best to stay active and eat healthy to reduce stress levels. Remember, we are here for you and look forward to getting everyone back into their routine once we get through this.

We plan on sending out emails periodically to keep you updated and we are hoping to reopen as soon as possible to get you back into your workout routine! Please continue to check email or Facebook for additional updates.

Thank you and stay healthy & safe!

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