



Easter Sunday

April 4th

Holiday Hours:

Main gym 7am - 11am

No regular classes or childcare

Special Class Schedule

8:00-9:00 Spin with Tricia

9:00-10:00 Body Sculpt with Bonnie

10:00-11:00 Restore & Renew Yoga with Uma

Shore Results

Special 9:00am Easter Egg Metabolic Only

(sign up required)

Closed for appointments

We will be having a Holiday Food Drive
To benefit the AACC Food Pantry. Please bring in a canned good
or donate \$1 to workout on Easter Sunday morning.

Thank you!

Happy Holiday to you and your family!
from the Staff at Eastpointe Health & Fitness